



Thrive Quest Consulting – Privacy Policy

Effective Date: 10 October 2025

Thrive Quest Consulting (“we,” “our,” “us”) respects your privacy. This Privacy Policy explains how we collect, use, and protect information you provide when using our website and services.

Information We Collect

- Personal information you provide (such as name, email, phone number) when booking services or contacting us.
- Non-personal information such as browser type, device type, and pages visited for analytics purposes.

How We Use Your Information

- To schedule and deliver coaching/consulting services.
- To respond to inquiries and provide customer support.
- To improve our website and services.
- To send occasional updates or resources, if you have opted in.

Information Sharing

- We do not sell or rent your information.
- We may share information with trusted third-party tools (such as Microsoft Bookings or payment processors) solely for delivering services.
- We may disclose information if required by law.

Data Security

We take reasonable measures to protect your information from unauthorized access.

Your Rights

You may request access, correction, or deletion of your personal information at any time by contacting us at: getstarted@thrivequestconsulting.com

Changes

We may update this Privacy Policy from time to time. The updated version will be posted on this page.

Disclaimer: Thrive Quest Consulting provides coaching and educational services. Coaching is not healthcare or psychotherapy and does not diagnose, treat, or prevent mental health disorders. If you are experiencing a crisis, call 988 or your local emergency number. If you need clinical care, consult a licensed provider in your state.